

Winter Freeze-Out Packing List

- Dress in layers.
- 1 Night Sleepout in Adirondack Shelters or Cabin.
- Optional Horseback Trail Ride.
- \$7.00 Gift Exchange.
- Sack lunch for first day.
- Pack into duffel bag or 2900 cubic inch backpack.
- Check weather forecast for weekend.
- Pack appropriate Clothing.

Personal Gear:

(2) Class B T-shirts (1 worn in travel, 1 in the pack) (Change into at bedtime – base layer)
Class B Pants
Underwear (1 in the pack) (Change into at bedtime – base layer)
Thermal Long sleeve T-shirt (1 in the pack) (Change into at bedtime – second layer)
Thermal Underpants (1 in the pack) (Change into at bedtime – second layer)
Sweat Shirt (1 in the pack) (Optional third layer)
Stocking Cap (Can be worn in sleep to keep in body heat)
Insulated Coat (Optional third layer)
Insulated Gloves
Wool Hiking Socks (1 pair worn in travel, 1 pair in the pack) (Change into at bedtime)
Sock Liners (1 pair worn in travel, 1 pair in the pack) (Change into at bedtime)
Hiking Boots
Sleeping Pad
Sleeping Bag (Insulated for +20 degrees to 0 degrees Fahrenheit)
Stuff Sack for Sleeping Bag (Use as pillow by stuffing with clothes at night)
Sleeping Bag Liner (Placed into sleeping bag to add 10 degrees of insulation)
Scout Handbook
2 Nalgene Bottles (1 – Water ONLY, 1 – Smellable Juice)
Rain Suit (Pants and Jacket)
Lip Balm
Personal First Aid Kit
Personal Grooming Kit (Includes mirror, toothpaste, toothbrush, soap, washcloth)
Flashlight
Insulated Mug with Lid
Pocket Knife
Multi-Purpose Tool
Compass
Emergency Whistle
Strike Anywhere Matches (In Waterproof Container)
Pencil/Pen
Note Pad
Deck of Playing Cards/Dice
Leather Work Gloves (For fire duty)
Camp Chair
Toilet Paper
Handkerchief/Tissues
Sewing Kit (Buttons, thread, needle and thimble)
\$7.00 Christmas Gift (Scout related)
Sack Lunch

Optional Equipment:

Plastic Sheeting to shield out the wind (Patrol Item)
Food for Patrol (For cooking duty)
Menu/Duty Roster (If assigned to create)
Cooler for Patrol food
Camera Gear (Disposable Camera)
Personal Journal

Note: Electronic games/devices ARE NOT allowed on campouts